



Cancer Navigators

...because people shouldn't have to journey alone

Upcoming Events:

- Wreath Auction
- Community Support Groups

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Cancer Navigators affiliation with Floyd Medical Center

Floyd Medical Center and Cancer Navigators, Inc. have reached an agreement that makes the community-based non-profit organization an affiliate of FMC. With the agreement, Cancer Navigators maintains its mission and service lines, while strengthening day-to-day operations through management support from Floyd Medical Center.

“We are thrilled that Floyd has provided us with an opportunity that will ensure cancer patients and their families in our area will continue to enjoy the unique services available through our organization,” said Virginia Harman, Chairman of the Board for Cancer Navigators.

“Not only will those services continue, but we’ll actually be able to expand what we do to better meet the needs of our clients as they make their journey through cancer treatment and survivorship.”

Founded in 2006, Cancer Navigators provides education and counseling, along with access to valuable resources which help ease some of the difficult emotions patients may experience. Cancer Navigators serves about 600 newly diagnosed cancer patients and their families each year.

Cancer Navigators will continue to be responsible for raising the funds necessary to support the staff and programs that serve our cancer patients in the

region, while Floyd will provide access to their administrative and operational capabilities. In addition, Cancer Navigators offices will be relocated to the Harbin Cancer Center.

“We are thrilled to say that, not only will every dollar donated to Cancer Navigators stay right here in our community, but that virtually all of those dollars will go straight to service delivery because our affiliation with Floyd will free us from a portion of our administrative costs,” Harman said. “Cancer Navigators has long been recognized as leaders in innovative programs for cancer patients and their families and our staff can now stretch their talents and imaginations even further to meet those needs.”

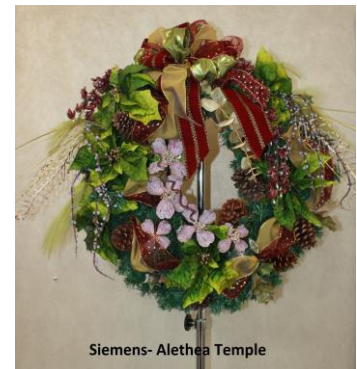
Wreath fundraiser to benefit Cancer Navigators

Area artists, florists, garden clubs, businesses, interior designers and creative individuals have joined with the Harbin Clinic Tony E. Warren, MD Cancer Center to create and sell original holiday wreaths to benefit Cancer Navigators – a Rome-based charity that provides one-on-one services to cancer patients.

Original masterpiece wreaths have been created and will be on display beginning Monday, Nov. 2nd at the Cancer Center during regular business hours (8am-5pm Mon-Fri).

Everyone is invited to view the wreaths and participate in our silent auction. The silent auction ends at 1:00 pm

on Monday, Nov. 30th with the highest bidder winning the wreath.



Siemens- Alethea Temple

FOR MORE INFORMATION, VISIT CancerNavigatorsGA.Org OR CALL 706-295-4119



Weekly support group

Cancer Support Group

An integrative approach to transform your mind, body, and spirit.

Healthy practices are simple, but not easy. Support groups are a great resource to help maintain positive change and learn new health habits.

Join Dr. Matt Mumber Heather Reed, and Denise Powers for a free cancer support group focusing on a clinically proven, direct experience of achieving and sustaining balance in life.

Weekly drop in sessions every Friday

Continuing now through the end of the year.

Fridays 11:45am-1:15pm 2nd floor conference room at Harbin Cancer Center.

Refreshments served.

“When we are capable of stopping, we begin to see. If we see, we can understand.”
- Thich Nhat Hanh



Cancer Navigators Retreat

It's time for renewal...

The word *retreat* comes from the Latin word *retrahere*, meaning “to pull back.” When we're given the opportunity to pull back from the busy-ness of our lives, to step away from procedures and daily activities, it's possible to see things from a new perspective. The process of healing continues to unfold well beyond medical treatment.

Going on a retreat supports and deepens this process. Cancer changes life as it once was. A retreat experience can give us a safe space to stop and to explore who and where we are *now*.

Whatever the individual reason for a retreat, Cancer Navigators welcomes all participants to a supportive community in a serene and nurturing natural environment.

Please join us. Begin again and recognize the threads of possibility that run through life, available in every moment.

Upcoming retreat dates: Friday, Nov. 6, 2015-Sunday, Nov. 8, 2015

For details and registration application, please contact Cancer Navigators at 706-295-4119.

Caring for the Caregiver

It's a marathon...not a sprint!

Everyone is affected by cancer, right? Not just the person diagnosed, but everyone in the family, friends – all those who care about the person who receives the diagnosis.

The focus of Caring for the Caregiver is on those affected by cancer that may not actually have cancer – the loved ones of cancer survivors. The

goal is to provide some tools for caregivers and those who have been diagnosed with cancer to be able to navigate this journey a bit more smoothly.

Cancer Navigators invites cancer patients and their caregivers to join us for tips and information on how to thrive in the midst of diagnosis and treatment.

Come Join Us!

Last Tuesday of each month from 12-1:30pm

3rd floor Harbin Cancer Center

Remaining 2015 dates:

October 27, 2015

November 24, 2015

December 29, 2015

Lunch is provided.

Community Cancer Support Groups

"If you ever get a second chance for something, you've got to go all the way."
- Lance Armstrong

Nutrition Classes

Addresses goals, benefits, and priorities in nutrition to help reduce symptoms during cancer treatment. Reserve 90 minutes on 2nd floor in Cancer Center.

Registration is required by your oncologist.

November 6th – 9am

November 20th – 2pm

December 4th – 9am

December 18th – 2pm

Summit Quest

Helps with the impact cancer has on children and families affected by cancer.

Ages 6-18

Outdoor activities

Arts/Crafts

Meets monthly 5:30-7pm

Random dates

For more information:

William James

706-857-8820

Chattooga County Support Group

Group inspires hope to those battling cancer with the help of those that have survived for many years.

All cancer survivors and caregivers invited.

Meets the 3rd Tuesday of every month at 6pm at Summerville Pentecostal Worship Center

Bosom Buddies

Anyone touched by breast cancer may come to share their fears, joys, and hopes with others going through similar challenges to help each other grow and build strength.

Meets 3rd Monday of each month 6-7:30pm

Redmond Hospital

Lower Level Classroom B

Caring for the Caregiver

Provides tips and information to patients, family, and friends about thriving in the midst of diagnosis and treatment.

Remaining 2015 dates:

October 27, 2015

November 24, 2015

December 29, 2015

Cancer Navigators – 3rd floor Harbin Cancer Center

Weekly Support Group

An integrative approach to transform your mind, body, and spirit facilitated by Dr. Matt Mumber, Heather Reed, and Denise Powers.

Weekly drop in sessions every Friday 11:45am-1:15pm

2nd floor conference room at Harbin Cancer Center

Cancer Navigators Renewal Retreats

This is a 3-day residential retreat at Many Streams Ranch in Rome, GA designed for cancer patients of any type, stage, or status.

Next retreat date: Friday, Nov 6, 2015- Sunday, Nov 8, 2015

Call Cancer Navigators at 706-295-4119 for registration application and details.

Dealing with Fatigue

In people with cancer, fatigue can be caused by the cancer itself, cancer treatments, and other factors. Join us for tips on how to cope with fatigue.

November 5, 2015

December 3, 2015

1:30 pm – 2:30 pm

Harbin Cancer Center – 2nd floor conference room

Redmond Cancer Support Group

Supports individuals facing cancer and their families.

Meets 2nd Monday of each month 6-7:30 pm

Redmond Hospital

Lower Level Classroom A



Cancer Navigators

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We're on the Web!

www.cancernavigatorsga.org



About Our Organization...

Cancer Navigators, a 501 (c)(3) nonprofit organization, serves Northwest Georgia as a complement to the medical expertise of cancer care providers by guiding those affected by cancer toward a better understanding of diagnosis and care and connecting them with needed resources in their journey.

The community-based nonprofit has been working cooperatively with local healthcare partners for more than nine years and making a tremendous difference in the lives of thousands of cancer patients in Northwest Georgia counties and Northeast Alabama.

The goal is to improve the quality of the cancer care experience for the cancer patient from initial screening and diagnosis, through treatment and into survivorship or end-of life care. All services are free to patients and their caregivers who are supported in their journey by a dedicated team of social workers and volunteers working in coordination with the patients' physicians.

Cancer Navigators is 100% supported by donations, which are tax-deductible.

