

# CANCER NAVIGATORS Connections

*Because people shouldn't have to journey alone*



*Your big heart is making a difference  
in the lives of cancer patients in our community.*



# You're Invited to Our Annual Race Fundraiser and Daisy Drop

 [Register Now](#)

Everyone near and far is invited to celebrate Cancer Navigators' 17th year as we continue our mission of ensuring no one journeys through cancer alone.

Cancer Navigators is again hosting virtual and in-person races this spring to raise funds to help cancer patients with transportation to treatments. Every \$25 purchases a gas card or bus voucher to provide a cancer patient in crisis the opportunity to fight and increase their chances of survival.

Racers can run, walk or bike anywhere they want for either 1 mile or 3.1 mile (5K) virtual races. You can go the distance all at once or in increments.

### Virtual Race Options:

- 5K Registration - Receive T-shirt and medal (\$30)
- 5K Registration for 2020/2021/2022 Racers - Receive T-shirt, medal, and \$5 discount (\$25)
- 5K Team Registration - Receive t-shirt, medal, and \$5 discount if registering as a group of 5 or more (\$25)
- 1 Mile Fun Run - Receive medal only (\$15)

### In-Person Fun Run/Walk:

1 Mile Fun Run/Walk - Receive medal only (\$15) - Happening on Sunday, April 30 at 2 p.m. at the Barron

Stadium Track in Rome prior to Cancer Navigators' Annual Daisy Drop at 3 p.m.

\*All virtual racers are invited to participate in the in-person 1 Mile Fun Run/Walk at no additional charge.

Register now - April 30 online at [Cancer Navigators Virtual & In-Person Races 2023 Registration | Eventbrite](#) or by contacting the Cancer Navigators office.

For questions, to register, and for more information: call (706) 509-5040, visit [www.cancernavigatorsga.org](http://www.cancernavigatorsga.org) or email [shusser@cancernavigatorsga.org](mailto:shusser@cancernavigatorsga.org).

## 2023 Daisy Drop Sunday, April 30

The public is invited to come to the Chief John Ross Memorial Bridge, that crosses the Oostanaula River at the Town Green, at 3 p.m. to drop daisies in honor or in memory of loved ones affected by cancer. The event is free, and daisies are provided.

Thank you, 2023 Sponsors: Atrium Health Floyd, Harbin Clinic, Hardy Realty, MSP Attorneys, State Mutual Insurance, Profile Custom Extrusions and The UPS Store.

You can be a sponsor too! [Click Here](#) for sponsorship information.





# Thank You, 2022 Donors!

We are grateful to our supporters who have remained dedicated to helping cancer patients in our community throughout 2022. Donations are fulfilling patients' greatest needs, helping patients overcome barriers to cancer care so they can receive life-saving treatment, and enhancing quality of life. Our supporters are giving gifts of joy, relief, and hope, and fulfilling Cancer Navigators' mission of ensuring no one journeys through cancer alone. We are so thankful!

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  - HBC Rome
  - Summit Quest
- \*Deceased

For a complete list of donors,  
visit [cancernavigatorsga.org](http://cancernavigatorsga.org)

# 9th Annual Cruising 4 Cancer

Saturday, April 15, 2023  
1 Veterans Circle, Rockmart, GA 30153

Please join the American Legion Riders Post 12 for this year's Cruising 4 Cancer charity event. Proceeds benefit Cancer Navigators to help those who have felt the hardships and struggles of the financial burden cancer can cause.

Registration starts at 10 am, kickstands up at noon.

- Petting Zoo
- Live Music
- Local Vendors

For more information or sponsorship opportunities please contact: David Pinkard 678-739-6536 or Curtis Jones 478-999-2149



## Residential Overnight Retreat

March 31 - April 2, 2023  
Mentone, Alabama

Co-facilitators are Dr. Matt Mumber and Heather Reed, C-IAYT

Designed for cancer patients of any type, stage, or status. The retreat includes meditation, yoga, group support, time in nature and healthy diet.

There is no charge; however, a \$100 deposit is required to reserve your spot. Following completion of the retreat, the deposit will be returned in full.

Application materials are available upon request.



Cancer Navigators received a grant from Presbyterian Women in the Presbyterian Church (U.S.A.), Inc. to support this retreat.

For more information and to register: Cancer Navigators ~ (706) 509-5040

\*Space is limited ~ register soon\*

### MONTHLY *Focus*

*"A gem cannot be polished without friction, nor a man perfected without trials."*  
– Seneca

*In retrospect, what did you learn from difficult life experiences in the past? How did it make you a better person?*

### Cancer Navigators Staff

**Sarah Husser** – Fundraising & Community Outreach Coordinator

**Kim Higgins, LCSW, FT, ACHP-SW** – Service Navigator

**Denise Powers, LCSW** – Counselor & Service Navigator

**Janna Duke** – Office Coordinator

### Contact Information

Phone: (706) 509-5040  
Fax: (706) 509-3323  
Email: [shusser@cancernavigators.org](mailto:shusser@cancernavigators.org)

### Office Hours:

9 a.m. to 5 p.m.  
(Monday through Friday)

### Office Address

255 W 5th St. Suite 300  
Rome, GA 30165

### Mailing Address

3 Central Plaza #415  
Rome, GA 30161

 [www.cancernavigators.org](http://www.cancernavigators.org)

## Join Us!

Cancer Navigators' Weekly Cancer Support Group  
Fridays from 12 p.m. - 1 p.m.  
Now held In-Person in the Harbin Clinic Cancer Center 2nd Floor Conference Room or Virtually via Zoom.

 [Click Here for Focus Areas & More Info](#)

 [Click Here for Zoom Link](#)

The focus area for each week is featured on the Cancer Navigators' Facebook page on Thursday afternoons and Friday mornings.

