



Connections

Because people shouldn't have to journey alone

Sep. - Oct.
2020

WHAT'S *Inside*

- Continued Support
- Virtual Support Group
- A Heartfelt Thank You
- Virtual Retreat
- 2020 Wreath Auction

MONTHLY *Focus*

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit."

— Aristotle

What do I do every day to make my life more enjoyable?

Cancer Navigators Dedicated to Providing Support

Cancer Navigators is still working to provide services during this tremendously difficult time. The office remains open and counseling and resource appointments continue to be held over the phone. Cancer patients, survivors and caregivers are invited to join our virtual weekly stress support group at noon every Friday.

Call the office anytime at 706.509.5040 to make an appointment, for more information or to request supplies.

"Because of our supporters, the CN office has remained open throughout the COVID-19 pandemic providing patients additional supplies to reduce outings, coordinating food pantry deliveries to patients through local sheriff's departments and distributing farm boxes filled with fresh fruits and vegetables," said Sarah Husser,

Cancer Navigators Fundraising & Community Outreach Coordinator.

Husser said she anticipates an increase in service numbers this year. Before COVID-19, Cancer Navigators averaged 50 counseling sessions a month; in June, the counselor facilitated 96 sessions.

"The need is great, and we are dedicated to continuing the same level of services to adequately meet patients' needs," Husser said.

Although the monthly Caring for the Caregiver Workshop is suspended, Cancer Navigators remains committed to supporting caregivers with individual phone appointments. For your convenience, supplies are available for pick-up in the

Join Us!

Cancer Navigators' Weekly Cancer Support Group

Every Friday from 12 p.m. - 1 p.m. Held virtually via Zoom until further notice. Contact the Cancer Navigators office for the Zoom link. You can join by computer or phone.

[Click Here to Sign Up](#)

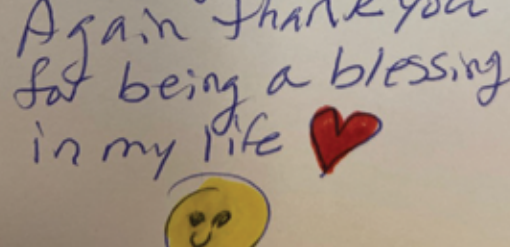
lobby of the Harbin Clinic Cancer Center. Please call in advance so we can best serve you.

CN provides the following services free of charge to cancer patients:

- Assist patients with insurance and financial services
- Counseling
- Acupressure bands and MP3 players with pre-recorded relaxing music and stress management guidance
- Referrals to food pantries, liquid nutrition
- Gas cards or bus vouchers to assist with transportation to treatments

- Medical supplies and wigs, caps and hats
- Virtual retreats
- Virtual patient support group
- Caregiver support
- Online iTHRIVE personalized plan for cancer prevention after treatment

We remain grateful to our supporters, who are cheering us on and allowing Cancer Navigators to continue our work throughout the pandemic - serving cancer patients to the best of our abilities and ensuring no one journeys through cancer alone.

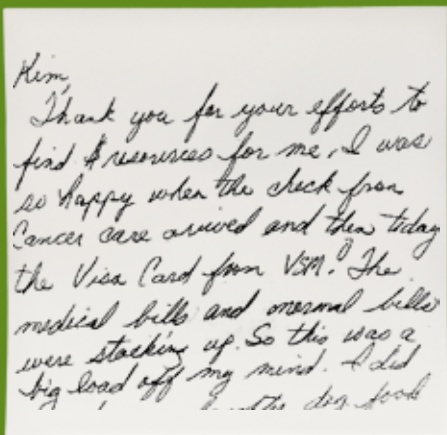


A Heartfelt Thank You

- Thank you to the Junior Service League of Rome Board Members for collecting supplies for Cancer Navigators during their planning retreat.
- We are thankful for Donna Carver and the Floyd County Schools' Nutrition Program. By participating in the state's "Farms to Families" program, they distributed thousands of farm boxes, filled with fresh fruits and vegetables, throughout Floyd County this summer, providing Cancer Navigators over 1,500 boxes.

A Meaningful Impact Locally

We love being able to help our patients and are grateful to our supporters for making it possible!



Virtual Retreat

If you are interested in participating in a half-day virtual retreat, please call the CN office at 706.509.5040

Cancer Navigators Staff

Sarah Husser - Fundraising & Community Outreach Coordinator

Kim Higgins, LCSW, FT, ACHP-SW - Service Navigator

Denise Powers, LCSW - Counselor & Service Navigator

Jonna Duke - Office Coordinator

2020 Cancer Navigators' Wreath Auction

The Wreath Auction Must Go On! The Wreath Auction brings happiness to many while raising money for cancer patients in our area.

If you are interested in decorating a wreath, contact Sarah Husser at 706.509.5040 or shusser@cancernavigatorsga.org.

Contact Information

Phone: (706) 509-5040

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Email: shusser@cancernavigatorsga.org

Office Hours:

9 a.m. to 5 p.m.

(Monday through Friday)

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